Safe People

By Henry Cloud and John Townsend https://www.olivemecounseling.com/blog/safepeople

religious (live in Law/Judgment) defensive self-righteous Are humbologize but keep repeating the same mistakes pid working on their problems mand trust perfect me others Take respondent to the stagnant sid closeness Try to concerned mostly about the needs to self ympathetic to others' pains or emotions Are spirit Are spirit Are oper Are humbologize Deal with Earn trus Take respondent Take respondent To concerned Concerned Sympath	eir weaknesses cual (relationship comes first)
defensive self-righteous Are humbologize but keep repeating the same mistakes and working on their problems Deal with mand trust perfect Admit the me others Take respondent to stagnant and closeness Try to concerned mostly about the needs to self sympathetic to others' pains or emotions Are operation in the problems Are humbologize Apologize Apologize Apologize Apologize Apologize Barn trust Carn trust Admit the medit the stagnant Concerned stagnant Concerned Sympathetic to others' pains or emotions Are humbologize Apologize Apologize Apologize Concerned stagnant Concerned Sympathetic to others' pains or emotions	
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plogize but keep repeating the same mistakes pologize but keep repeating the same mistakes perfect per	1 to recuback
perfect me others stagnant sid closeness check the median of their problems Take responding to the perfect stagnant sid closeness check the median of their problems Take responding to the perfect Take responding to the perfect Tell the trust Grow Try to concerned mostly about the needs to self Toncerned pumpathetic to others' pains or emotions Sympath	ble
perfect perfect me others Take resp Tell the tell stagnant oid closeness Try to concerned mostly about the needs to self ympathetic to others' pains or emotions Earn trus Admit the Grow Try to concerned Concerned Sympath	re and repent (change their behavior)
perfect me others Take respondence of the stagnant stagnant old closeness Try to concerned mostly about the needs to self ympathetic to others' pains or emotions Admit the respondence of the stagnant	n their problems
me others Take response to the stagnant stagnant Grow Try to concerned mostly about the needs to self ympathetic to others' pains or emotions Take response to the stagnant of the stagn	t
Tell the to stagnant Grow Try to concerned mostly about the needs to self Concerned ympathetic to others' pains or emotions Sympath	eir faults
stagnant Grow Try to concerned mostly about the needs to self ympathetic to others' pains or emotions Sympath	oonsibility for their actions
oid closeness Try to concerned mostly about the needs to self ympathetic to others' pains or emotions Sympath	ruth even when it hurts
ocerned mostly about the needs to self Concerned ympathetic to others' pains or emotions Sympath	
ympathetic to others' pains or emotions Sympath	nnect, desire intimacy
	ed also about the needs of others
't set boundaries, can't respect boundaries Allow pe	etic to others' pains or emotions
· · · · · · · · · · · · · · · · · · ·	ople to say "NO" and respect it
front with guilt and shame or not at all Confront	with truth in love and grace
ndemn Forgive	
ate Parent/Child, superior, inferior Desire artionships	nd create equality in their relationships
table over time (more and more unreliable) Consiste	nt over time (very reliable)
gative influence on us Positive i	nfluence on us
ssip Keeps ot	hers' secrets confidential
ious Genuine	happiness for others' success
-sufficient Interdep	endent
tled Humble,	giving, serving
pendent/counterdependent (antidependent) Interdep	endent
-harming, self-destructive Self-care	
ggles with intimacy Pursues i	ntimacy
ecure with attachment Feels sec	cure with attachment
es in Law Lives in C	Grace
ects negative parts of self/good parts of ers. Focuses on good parts of self/bad parts bad traits others.	self/others a whole, with both good and
ers-controlling/others-controlled Self-cont	S.